




**ESCORTED
TOUR**

25 August - 18 September 2026

SCANDINAVIA

Four Countries



Including a
Norwegian Coastal
Cruise, Fjords, Tallinn
& the Flåm Railway



THIS POPULAR TOUR ENCOMPASSES THE CONTRASTS OF SCANDINAVIA – A REGION WHERE EACH COUNTRY HAS ITS OWN IDENTITY, HIGHLIGHTS AND SPECIAL CORNERS TO EXPLORE.

See how Stockholm is built on many inter-connecting islands, explore the Old Town of Estonia's capital Tallinn which will rekindle childhood memories of medieval castles, and enjoy Helsinki, dominated by the sea, design and modern architecture. Experience the wilderness of Northern Finland, mingle with reindeer and learn about the incredible changing seasons. Norway – once the 'poor cousin' of Scandinavia, is a country of scenery, resources and friendly people. The coastal voyage from 72 north to Bergen in the south contrasts the bleak rocky coastline with little vegetation to the green fjord valleys and waterfalls in the south. The coach, boat and train travel over and into the fjords is spectacular. Oslo and Copenhagen are both small capitals by European standards. Both have Royal Palaces and interesting seafaring history. This tour is one of our favourites!!

August 2026
Tuesday 25 Auckland - Dubai

Depart Auckland on Emirates to arrive in Dubai. Change planes and continue on to Stockholm.

Wednesday 26 Stockholm, Sweden D
Arrive Stockholm midafternoon and transfer to your centrally-located hotel. Afternoon at leisure before a Welcome Dinner.

Thursday 27 Stockholm B
Our city sightseeing tour includes some of Stockholm's most fascinating attractions, passing through areas such as Södermalm, Kungsholmen, Djurgården and the city centre. Enjoy VASA museum [where you will see the warship Vasa, which sank on her maiden voyage in Stockholm in 1628 and was salvaged in 1961]. Afternoon free.

Skansen is the world's first open air museum, founded in 1891. Here you can stroll around historical buildings where locals in period dress mix with visitors.

Friday 28 Stockholm -Tallinn, Estonia B
Morning free. Around midday, travel by coach to Skaelsen with time to stretch your legs and enjoy lunch [own expense] before arriving in Stockholm Harbour. Sail out of Stockholm past many tiny islands as the sun sets.

Saturday 29 Tallinn B D
Arrive in Tallinn Harbour mid-morning then depart on a city coach tour that includes the recreational area of Kadriorg – Pirita, ending with an early afternoon hotel arrival. After checking-in, enjoy a walking tour of the relaxed atmosphere of the 'Old Town'.

Sunday 30 Tallinn B L D
After breakfast, depart by coach to Lahemaa National Park to learn about the diverse Estonian cultural history and enjoy the bays, forests, limestone cliffs and huge boulders of the nature reserve of the Gulf of Finland. Take a short 'Beaver Trail' walk to see how these mammals live, then visit German manor houses dating back to the 18th century and the village of Kõrasmu with its historic museum. Return to Tallinn for dinner.

Monday 31 Tallinn - Helsinki, Finland B L
Transfer to the port for a fast ferry to Finland's capital Helsinki. Transfer to our hotel with the afternoon free to explore this seafaring city.

September
Tuesday 01 Helsinki B
Today's city tour includes Helsinki's neo-classic buildings as well as the modern architecture from some of the 20th Century's most famous architects. Visit the 'Church in the Rock', Senate Square and end at the harbour market place where a tasty

but inexpensive fish lunch may be bought. Some free time this afternoon.

Wednesday 02 Helsinki - Ivalo - Inari B D
This morning fly north to Ivalo and coach to Inari. Late afternoon visit a reindeer herder to see how a present-day Lapp family live and experience a traditional Sami dinner.

Thursday 03 Inari B
Today we walk to the nearby Sāmi Museum and enjoy a visit of this UNESCO sponsored museum featuring life in Lapland and the Sāmi people. Afternoon is free to shop and explore this quaint town.

Friday 04 Inari - Kirkenes, Norway B L D
An early morning start to travel north past 1000's of lakes to join the Norwegian Coastal Voyage 'Hurtigruten' by lunchtime. Our new generation ship is the *MS Nordkapp*. First call at Vardø, the easternmost town of Western Europe; the Batsfjord and Berlevag en route for Hammerfest.

There is an air of history about the Norwegian Coastal Voyage which has been part of their heritage for more than 100 years. Nowadays, the Norwegian Coastal Voyage is a charming combination of first-class passenger ships and community working ships with locals and tourists joining and leaving at most ports along this vast coastline. Enjoy a panoramic view of ever-changing, breath-taking scenery from the comfort of a deckchair or a chair in the lounge. There is always something happening... without much really happening at all. The ships travel at 16 knots, which means that you always have time to enjoy the journey, to make new friends and to relax and take in the wonders of this wonderful voyage.

Saturday 05 Hammerfest - Tromsø B L D
Today we arrive at the most northerly town in the world - Hammerfest. The ship then steams south, arriving at Tromsø just before midnight, in time to enjoy the nightlife for a couple of hectic hours.

Sunday 06 Harstad - Svolvær - Stamsund - Lofoten Islands B L D
The Vesteralen and Lofoten Island groups are among the most beautiful locations on the voyage. The Coastal ship leaves Harstad in the early hours of the morning. See the Rosøyrenna channel, where the clear sea-green waters flow over the shallow sand banks and impressive bridges brush the ship's funnel and link the islands to the mainland. Small clusters of houses along the shores of the straits add a little colour to the landscape. Arrive at Stamsund early in the evening with a host of wonderful memories. The journey continues on via Vest Fjord to Bodø.

Monday 07 Ørnes – Arctic Circle – Rørvik B L D
 After leaving Ørnes, the route weaves between islands, through narrow straits. Mountains tower in the background. Cross the Arctic Circle today. The last port of call is Rørvik.

Tuesday 08 Trondheim – Kirstiansund – Molde B L D
 Early this morning you'll awake to find yourself in Trondheim. Before noon, the Coastal ship ploughs through the Trondheim Fjord again, steaming south to the salt cod town of Kristiansund. In the evening call at Molde, a town of traditional white-painted wooden houses.

Wednesday 09 Florø – Bergen B L
 Ahead of you lies several hours of Vestland scenery; the mouth of the Sognefjord and the beautiful archipelago approaching Bergen. Arrive Bergen early afternoon and transfer to a centrally located hotel for a two-night stay.

Thursday 10 Bergen B
 This morning's city tour of Bergen, a 930 year old city with areas of cobbled streets and a famous fish market will highlight the history of Bergen. An optional funicular ride to the top station of Mt Fløyen above the city to enjoy the panoramic vista is available. Rest of day free.

Friday 11 Bergen – Voss - Flåm B D
 This morning depart Bergen by coach on the start of two days of wonderful scenery and varied transport. The journey to Voss is about an hour. Continue to Gudvangen then cruise the fjords to Flåm. We stay in Flåm overnight to enjoy this special corner of the Aurlandsfjord.

Saturday 12 Flåm – Myrdal – Oslo B
 The train journey through the countryside on the Flåm railway from the fjord to the mountain station of Myrdal at an average gradient of 55% is a must-do. Change trains at Myrdal - sit back and enjoy the journey over the Hardangervidda mountain range, passing through many tunnels and harsh scenery in comparison to the fjords. On arrival in Oslo, transfer to your central hotel for two nights.

Sunday 13 Oslo B D
 A morning city tour of the small capital of Norway [750,000]. Inclusions are Vigeland Park, the City Hall, Bygdøy to see the Viking ships and a choice of either the Polar ship, the Flam, or the Kon-Tiki museum. The afternoon at leisure.

Boat

Flight

Coach

Train



Monday 14 Oslo – Copenhagen, Denmark B D

Morning free to shop in this designer city with an afternoon boarding of the overnight ferry to Copenhagen.

Tuesday 15 Copenhagen B D

Arrive in Copenhagen this morning, followed by a city tour that includes the Amalienborg Palace and the Little Mermaid in the harbour. Check into your hotel. Afternoon at leisure before the Farewell Dinner.

Wednesday 16 Copenhagen – Dubai B

A midday transfer to the airport for your flight home OR other European destinations. Please ask us for details.

Thursday 17 Dubai – Auckland

Morning arrival in Dubai. [Option of an extended stay available]. Relax in a transit hotel room before a morning departure for flight to Auckland

Friday 18 Auckland

Arrive Auckland.

Ask about extending your stay in Europe



ESTIMATED Cost Per Person*	Twin	Single
Auckland to Auckland		
Arctic Superior Cabin [Cabin Category U2D Double bed only, Upper Deck, window]	\$21,285	\$26,900
Arctic Superior Cabin [Cabin Category P2D Double Bed only, view onto promenade deck, window]	\$20,871	\$26,321
Polar Outside Cabin [Cabin Category N2D Double bed only, window]	\$20,335	\$25,555
Polar Outside Cabin [Cabin Category 03 twin bed, window]	\$20,455	N/A
Business Class	T.B.C	
Premium Economy	T.B.C	
Early Booking Discount [If paid by 15 December 2025]	\$150	
Previous International Tour Client Discount	\$100	

This is a cash / cheque price. Credit cards incur a 1.5% fee. Itinerary and costs subject to schedule changes, airline surcharges and currency fluctuations.



- Inclusions**
- Return economy airfares ex Auckland on Emirates
 - First class accommodation on a share twin basis
 - All cabins have two lower berths, private facilities and a window
 - Five nights on board *MS Nordkapp*
 - Daily cooked breakfast throughout
 - All meals while cruising
 - Other meals as per itinerary
 - Traditional 'Sami' lunch in Lapland
 - Luggage transport Bergen – Flam – Oslo
 - City tours of Stockholm, Tallinn, Helsinki, Bergen and Oslo
 - Transportation as shown
 - Pukekohe Travel escort, subject to 15 persons travelling

- Exclusions**
- All airport and airline departure and security taxes and fuel surcharges [approx NZD300]
 - Gratuities
 - Items of a personal nature
 - Compulsory Travel Insurance – please ask us for a quote

- Booking Conditions**
- A non-refundable deposit of \$2,000 per person will confirm a place on the tour
 - Full payment no later than 01 May 2026

- Cancellations and Refunds**
- From date of booking until 01 May 2026 – loss of deposit
 - After 01 May 2026 – no refund

- Documentation**
- A current passport is required, valid six months beyond date of travel
 - No visa is required for New Zealand passport holders
 - All other passport holders please ask

- Health**
- A good standard of health and fitness is required as walking and standing are an important part of this itinerary.
 - The ability to walk unaided on uneven surfaces and negotiate flights of stairs is essential.
 - It is expected you will arrive on tour fit, healthy and ready to travel.

Weather
Weather in September is usually settled and the hours of daylight are about 12 hours with dawn and dusk extending the time.

Temperature	Min °C	Max °C
Tallinn	7	16
Helsinki	7	15
Inari	6	13
Kirkenes	6	11
Bergen	10	15
Oslo	10	20
Copenhagen	10	17

Food
Sweden is the origin of the word smorgasbord [Smörgåsbord] and all Scandinavian countries have their own name for this buffet meal – Norway Koltbord. The idea is to keep returning to the buffet for the small dishes offered. Breakfast – will include dense dark bread, cold meats, cheese, tomatoes and cucumber. Porridge with berries, potato cakes or a rice pudding may also be offered. A wide range of fast food outlets are available in cities. Autumn in Lapland is special with cloud berries and many other berry fruits and mushrooms available.


Clothing
This tour requires comfortable day clothing with good walking shoes and a lightweight windproof jacket. On board the '*MS Nordkapp*', clothing is casual and dinner only requires smart casual – likewise the hotels on tour.

Currency	
Estonia	Euro
Finland	Euro
Norway	Norwegian Krone
Denmark	Danish Krone


Terms and Conditions
For full terms and conditions please visit our website www.pukekohetravel.co.nz/termsandconditions or please ask our tour consultant for a copy.

Travel Insurance
We strongly recommend all clients purchase travel insurance to protect against cancellations, lost items, and delays that could lead to unexpected costs. Please ask us for a quote.

MS Nordkapp



Arctic Superior Cabin 11 m²
Situated on the two upper decks, all have bathrooms with shower and WC, tea and coffee-making facilities, double beds and unobstructed views.
[Note: All Arctic superior cabins on deck 5 have the promenade deck outside.]



Polar Outside Cabin 8 – 12m²
Outside cabins on the lower deck have separate beds, one of which converts into a sofa. The cabins have portholes, some with limited or no view. All have bathrooms with shower/WC. All the cabins have individual specifications.

